

ST. JOHN'S EPISCOPAL CHURCH

IMPORTANT ANNOUNCEMENT ACTIVITIES IN THE CORONAVIRUS PANDEMIC

Given the need to try and reduce the spread of the COVID-19 in our community we are making a number of changes and announcing some cancellations. If you have any questions please don't hesitate to contact Rev. Diane or the Wardens. Most of all, you should take the necessary precautions best suited for your health, age, and comfort in this unusual and trying time. Our community of St. John's is as strong and present as always, even if we are not all in the same building at the same time.

We ask that when coming into the building and before the service begins to use the hand sanitizers around the Church and in the Sanctuary.

ACTIVITIES CONTINUING AS PLANNED

- Sunday Service Holy Eucharist at 8:00 AM and 10:00 AM.
- Lenten Bible Study on Saturdays at 10 AM.

ACTIVITIES THAT HAVE CHANGED

- The NEAT Dinner scheduled for March has been cancelled.
- The Coffeehouse Concert for March 14th has been rescheduled for later in the summer.
- Sunday School has been cancelled for now and will open after we have re-evaluated the situation.
- Coffee Hour has been cancelled for now and will also resume after we have re-evaluated the situation.
- The Eucharist will include communion of consecrated bread only. Please see the attachment statement and guidelines from Bishop Gates attached to this announcement on the next page.
- The Peace should include greeting one another without physical touch of any kind.
- Collection Plates will not be passed by the Ushers but will reside on a table at the back of the Sanctuary where you can place your offering.

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Episcopal Diocese of Massachusetts

138 Tremont Street Boston, Massachusetts 02111 • 617-482-5800 • www.diomass.org

March 11, 2020

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As cases of the coronavirus COVID-19 increase rapidly in Massachusetts, we seek to respond in a manner that both takes appropriate precautions to protect our communities and to reduce the anxiety and fear associated with this public health crisis. We have assembled a small group of persons who bring expertise in epidemiology, public health and disaster response to provide guidance for our congregations and related organizations, drawing on the wisdom of public health officials and focusing on matters specific to church contexts.

Based on their counsel, we are today issuing the mandates detailed below, which are effective immediately and until further notice. They include significant changes that the current circumstances now call for, including that **communion is to be distributed in the form of consecrated bread only; offering plates are not to be passed among the people; and at the Peace people should greet one another without physical touch of any kind.** We ask you to read in full and heed the mandated protocols and additional recommended practices detailed below. These mandates and recommendations replace previously distributed guidelines.

We are deeply grateful for all the ways that you are already caring for one another and all the ways you will continue to do so in the days ahead. We ask that you keep up your efforts to check on and find ways to support those who are vulnerable, isolated, unwell or in quarantine, through prayer, phone and video calls and errands. Thank you for continuing to be mindful of those whose incomes may be disrupted during this time. Include in your unceasing prayers those who are medical care providers and first responders, and those who are at higher risk of exposure because of their direct public service.

As we said in last week's messages, it is important to continue to stay informed via credible sources. Stay connected by all means available, while remembering, as part of our self-care, to take intentional time away from newsfeeds and devices, for the prayer, quiet and restorative activity that will return us less anxious and more ready to serve Christ in the days ahead.

As Presiding Bishop Michael Curry reminds all of us in his [March 10 statement](#): We are in this together.

Faithfully,

The Rt. Rev. Alan M. Gates

The Rt. Rev. Gayle E. Harris

COVID-19 Response

Mandated Protocols as of March 11, 2020

Preparing for a service:

- **Baptismal fonts and holy water stoups** are to be cleansed and are to remain empty unless there is a baptism. Ministers of baptism are to wash their hands with soap and warm water prior to the service and use hand sanitizer immediately before the baptismal rite.
- **Altar rails, processional crosses, torches** and other liturgical implements are to be cleansed with a disinfectant prior to and after each use.
- **Altar Guild members** are to wash their hands with soap and warm water prior to handling communion vessels.

At the Eucharist:

- **All ministers of communion** are to wash their hands with soap and warm water for at least 30 seconds immediately prior to the service, **and** to use a hand sanitizer of at least 60% alcohol content immediately prior to the Eucharistic Prayer. If a large number of persons is present, use of hand sanitizer should be repeated during the distribution of communion. If hand sanitizer is unavailable, ministers of communion should wash their hands with soap and warm water immediately prior to handling communion vessels.
- **At the Peace**, the people should greet one another without physical touch of any kind. A gentle bow, nod or namaste gesture is preferable. Elbow bumps are discouraged since people are encouraged to sneeze into their elbow to reduce the chance of transmitting the virus.
- **Offering plates** are not to be passed among the people. Plates or baskets should be placed in a location where the people may leave their offering. Ministers of communion are not to touch offering plates if they are presented at the altar.
- **The Eucharistic Prayer** is to be said as usual, with a single chalice containing a small amount of the consecrated wine to remain on the altar during communion. The consecrated wine should be returned to the earth in a reverent manner, or, if preferred, the celebrant alone may consume it.

Concerning the distribution of communion:

- Communion is to be distributed in the form of **consecrated bread only**. Wafers should be used instead of baked bread. It is perfectly acceptable, and sound theology, for communion to be received in one kind.
- The consecrated wafer is to be delivered **into the recipient's hand**, to avoid the communion minister's hands touching the mouth of the recipient.
- When offering a **blessing instead of communion**, extend a hand or make the sign of the cross over the person rather than touching them.

Caring for one another:

- **At healing rites**, ministers are to cleanse their hands with hand sanitizer immediately before laying-on-of-hands and anointing of **each person**. Only the designated healing minister is to pray with the person; groups are not to surround the person.
- Clergy and other **visitors to homebound or hospitalized persons**, or those in care facilities, are to use hand sanitizer immediately before and after visiting with the sick or infirm person. Anyone who feels or, at any time during the prior two weeks, has felt unwell or run a fever is to refrain from home, hospital or nursing home visits.
- Respect all **safety protocols** of hospitals or other care facilities.
- Clergy are to respect the **confidentiality** of patients and all parishioners at all times and are to **follow the directives of their local public health authorities**.

Strongly Recommended Practices

- Hand sanitizer with at least 60% alcohol content should be made available to all attending church services and events.
- Remind people to cover coughs and sneezes.
- Common areas, bathrooms and classrooms, especially handrails, doorknobs and faucets, should be cleaned and disinfected frequently and prior to each gathering.
- Virtual gatherings* are encouraged where possible. Church or program staff may be encouraged to work from home, provided their physical presence is not required.
- Food served at coffee hour, feeding programs or other gatherings should be in individual servings. If food is not in individual servings, a person wearing a new pair of food service gloves should be assigned to pre-plate and serve the food. Serving utensils should be handled only by the person preparing and/or serving the food.
- Persons who feel, or within the past two weeks, have felt unwell or run a fever are discouraged from attending church services or events, both for their own protection and the protection of others. If anyone in a household is unwell, everyone in the household should remain at home. In particular, the following persons who are at particular risk from COVID -19 should take extra precautions:
 - Persons age 60 or over
 - Anyone with a respiratory condition such as asthma or emphysema
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Pastoral Guidance for COVID-19 Response

March 12, 2020

Dear Colleagues in the Diocese of Massachusetts,

The circumstances surrounding COVID-19 and our response continue to evolve rapidly. I know that you are all doing your utmost to make decisions in your local settings, and I am deeply grateful. This morning the response advisory group has convened and given me their best wisdom, on the basis of which I am writing with guidelines and counsel further to [yesterday's communique](#).

In all of this we face dilemmas of incomplete epidemiological information and varying pastoral imperatives that do not always point clearly in a single direction. God invites us to respond as fully as we can, with the best information we have, with both patience and timely determination, and with hearts full of compassion and concern for the most vulnerable in our midst.

1. **I support the decision of any clergy (or wardens-in-charge) who choose to suspend worship and/or other activities at this time.** Our local contexts vary widely. We differ in the size and demographic populations of a congregation; the guidance of local community health organizations; essential community ministries conducted by a congregation; church architecture; parish resources to assure the carrying out of safety guidelines; and much more. Local leaders should understand themselves completely authorized to make this decision on the basis of their context, and though not mandating closure at this time, I support a decision to close made by any congregation's leaders.
2. **Those in high-risk groups are urged to avoid all large group gatherings, including worship.** Health officials have identified the following persons as facing particular risk from the COVID-19 virus: persons age 60 or older; anyone with a respiratory condition such as asthma or emphysema; anyone with an autoimmune disorder; anyone with heart disease or diabetes; anyone currently or recently undergoing chemotherapy; and smokers. Those in these groups should remain apart from large group gatherings, including worship.
3. **The immediate suspension of all other activities such as church school classes, coffee hours, etc., is strongly recommended.** Christian formation

resources which can be distributed for home use, or virtual gatherings for study and mutual support are encouraged.

4. **Churches which do hold services of public worship must adhere scrupulously** to the detailed safety guidelines issued yesterday.
5. **Group and committee meetings** should be postponed, rescheduled or conducted by Zoom or other electronic means, unless an in-person meeting is absolutely necessary.
6. **Parish staff members** whose position does not require them to be on site at the church should be encouraged to work at home.
7. **Any church in a community in which health officials have identified a heightened concern** by virtue of a confirmed diagnosis; or in which public schools have closed; or whose church membership includes those who have attended such events known to have been affected, such as the Biogen or CEEP conferences, should exercise an abundance of caution in their decision to close.
8. **Those not in high risk groups who have been asymptomatic for the past two weeks are urged to step up** to help assure that parish and community ministries which provide life-sustaining assistance to others can continue! Shelter ministries, food programs, recovery groups and many others will be without key volunteers for a time, and will rely on help from those who can manifest the concern of the church to keep them going.
9. **All are urged to support fellow parishioners and neighbors in high risk groups**, enabling them to stay safe in this time, and to **support your church**. Phone calls, errands, meals delivered and other ways to support anyone practicing self-quarantine will embody Christian compassion. Your continued financial support of your church will also be absolutely essential to maintaining all of our programs, ministries and life together in the weeks and months ahead.
10. **Alternative opportunities are available for worship**, for those in congregations suspending their services or for those observing their own cautionary social distancing. We are all encouraged, even obligated, to offer our prayers and worship especially in such moments. A growing list of congregations live-streaming and podcasting services is available [here](#). Additionally, a tutorial on streaming via Facebook Live is offered by St. Anne's-in-the-Fields Church in Lincoln [here](#).

As new information and guidance continues apace, this will doubtless not be my last communication with you. During this rapidly changing situation, it is wise to be preparing for further disruptions, including the possibility of mandatory closures in our communities. I am grateful for the now-expanded advisory group of epidemiologists and crisis responders who continue to share with me their wisdom. Let us all pray for one another in these times, that God's Spirit will lead us unfailingly and strengthen us constantly.

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